

The Olweus Bullying Prevention Program

The Olweus Bullying Program is tested and proven to meet the United States Department of Education's [Principles of Effectiveness](#) requirements for iSafe and Drug-Free Schools. When applied, these principles assure that programs used in schools have the best chance of success in reducing or preventing substance use and violence.

Based on more than thirty-five years of research, the Olweus Bullying Prevention Program has been proven to reduce bullying throughout a school setting. This program is designed for students ages 5-15. It involves a comprehensive plan not only for dealing with individual problems, but also for creating a more positive environment in a school and includes methods for reaching out to parents and the greater community as well. This approach to bullying prevention is not a quick fix, but rather a long-term, system wide approach that leads to real change. The Olweus Bullying Program focuses on fostering the learning and development of students.

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Schools:

In 2007/2008, the Olweus Bullying Prevention Program was implemented at Belle Vue Middle, Ft. Brandon, and Cobb Middle.

For the 2008/2009 the program is also being implemented in Griffin Middle, Riley Elementary, (3- 5th grade classes, materials delivered), Pineview Elementary, (4th and 5th grade classes), Montford Middle, (6th and 7th grades, materials delivered), and Pace School (already received material for middle school grades). Two additional schools will also be added during the 2008-09 school year.

Materials:

2007/2008 approximately \$8,000 was spent on materials. This included the school wide guide with C.D., a teacher guide with C.D., and pre and post surveys. Each school receives one school wide guide and a teacher guide for every 3- 5 teachers.

2008/2009 approximately \$8,000 of the \$34,102.55 from the SDFS projects material budget will be designated for the Olweus Bullying Program.

Training:

Olweus Bullying Prevention Program training was implemented on April 7th and April 8th for Belle Vue Middle, Ft. Brandon, and Cobb Middle. Approximately 9-12 people from each school attended. The training was for the principal or assistant principal, dean, guidance counselor, a minimum of one teacher from each grade level who would be a grade liaison, SRO, parent, and a volunteer.

The trainer was Dan Greer. The cost of the training was \$3000 and an additional \$1500 for a year of consultation.

The next Olweus training is tentatively schedule for December 2008.

Bullying Conference:

2007/2008 Bullying Conference was attended by the Safe and Drug Free Coordinator and two teachers.

2008/2009 Bullying Conference is attentively set for the spring. Our plans are for six teachers to attend the conference. The safe and Drug Free school coordinators that attend the conference will share information from the conference with the other Safe and Drug Free Schools Coordinators at the Leon County Schools Safe and Drug Free Schools Coordinator Meeting in the spring.

Summary

- The Olweus Bullying Prevention Program is a comprehensive plan not only for dealing with individual problems, but also for creating a more positive environment in a school and includes methods for reaching out to parents and the greater community as well.
- It is designed for students ages 5-15.
- It targets middle schools and 4th and 5th grades.
- It was implemented in three schools last year.
- Five schools have been added this year with possibly two more.
- Two-day training was provided last year for staff at first three schools.
- Two-day training for staff at newly added schools is planned for December.